Hyperon-nucleon interaction in few- and many-body systems

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- Pyperon-nucleon interaction in chiral effective field theory
- 3 Light hypernuclei
- 4 Neutron stars
- 5 Strangeness S=-1 dibaryon



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Interaction of strange baryons

- $\wedge N$ and ΣN scattering
 - \rightarrow Role of SU(3) flavor symmetry
- H dibaryon
 - Jaffe (1977) \rightarrow deeply bound 6-quark state with I = 0, J = 0, S = -2
 - many experimental searches but no convincing signal
 - Lattice QCD (2010) \rightarrow evidence for a bound H dibaryon ($\Lambda\Lambda$)
- Few-body systems with hyperons: ${}^{3}_{\Lambda}$ H, ${}^{4}_{\Lambda}$ H, ${}^{4}_{\Lambda}$ He, ...
 - \rightarrow Role of three-body forces

large charge symmetry breaking ${}^{4}_{\Lambda}H \leftrightarrow {}^{4}_{\Lambda}He$

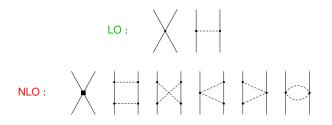
- (Λ, Σ) hypernuclei and hyperons in nuclear matter
 - → very small spin-orbit splitting: weak spin-orbit force existence of Ξ hypernuclei repulsive ∑ nuclear potential
- implications for astrophysics
 - → stability/size of neutron stars softening of equation of state (hyperon puzzle) hyperon stars

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BB interaction in chiral effective field theory

Baryon-baryon interaction in SU(3) χ EFT à la Weinberg (1990) [up to NLO] Advantages:

- Power counting systematic improvement by going to higher order
- Possibility to derive two- and three-baryon forces and external current operators in a consistent way
- degrees of freedom: octet baryons (N, Λ , Σ , Ξ), pseudoscalar mesons (π , K, η)
- pseudoscalar-meson exchanges (V^{OBE}, V^{TBE})
- contact terms represent unresolved short-distance dynamics (V^{CT})



LO: H. Polinder, J.H., U.-G. Meißner, NPA 779 (2006) 244 NLO: J.H., N. Kaiser, U.-G. Meißner, A. Nogga, S. Petschauer, W. Weise, NPA 915 (2013) 24

BB interaction up to NLO

Pseudoscalar-meson exchange

$$\begin{array}{lll} V^{OBE}_{B_1B_2 \to B_1'B_2'} & = & -f_{B_1B_1'P}f_{B_2B_2'P}\frac{\left(\vec{\sigma}_1 \cdot \vec{q}\right)\left(\vec{\sigma}_2 \cdot \vec{q}\right)}{\vec{q}^2 + m_P^2}, & \vec{q} = \vec{p}' - \vec{p} \\ V^{TBE}_{B_1B_2 \to B_1'B_2'} & = & \ldots \end{array}$$

 $f_{B_1B'_1P}$... coupling constants fulfil standard SU(3) relations m_P ... mass of the exchanged pseudoscalar meson SU(3) symmetry breaking due to the mass splitting of the ps mesons (m_{π} = 138.0 MeV, m_{κ} = 495.7 MeV, m_{η} = 547.3 MeV)

Contact interaction VCT - partial-wave projected

$$V({}^{1}S_{0}) = \tilde{C}_{1S_{0}} + C_{1S_{0}}(p^{2} + p'^{2})$$

$$V({}^{3}S_{1}) = \tilde{C}_{3S_{1}} + C_{3S_{1}}(p^{2} + p'^{2})$$

$$V(\alpha) = C_{\alpha}pp' \qquad \alpha \triangleq {}^{1}P_{1}, {}^{3}P_{0}, {}^{3}P_{1}, {}^{3}P_{2}$$

$$V({}^{3}D_{1} \leftrightarrow {}^{3}S_{1}) = C_{3S_{1}-3D_{1}}p'^{2}, C_{3S_{1}-3D_{1}}p^{2}$$

$$V({}^{1}P_{1} \leftrightarrow {}^{3}P_{1}) = C_{1P_{1}-3P_{1}}pp'$$

 \tilde{C} 's, C's ... low-energy constants (LECs) ... to be fixed from fit to data,

structure of contact terms for BB

SU(3) structure for scattering of two octet baryons \rightarrow

 $8 \otimes 8 = 1 \oplus 8_a \oplus 8_s \oplus 10^* \oplus 10 \oplus 27$

BB interaction can be given in terms of LECs corresponding to the *SU*(3)_{*t*} irreducible representations: C^1 , C^{8_a} , C^{8_s} , C^{10^*} , C^{10} , C^{27}

	Channel	I	V_{lpha}	V_{eta}	$V_{\beta ightarrow lpha}$
<i>S</i> = 0	NN ightarrow NN	0	-	$C^{10^*}_{eta}$	-
	NN ightarrow NN	1	C_{α}^{27}	-	-
<i>S</i> = -1	$\Lambda N \to \Lambda N$	$\frac{1}{2}$	$\frac{1}{10} \left(9C_{\alpha}^{27} + C_{\alpha}^{8_s}\right)$	$\frac{1}{2}\left(C_{\beta}^{8_a}+C_{\beta}^{10^*}\right)$	-C ⁸ sa
	$\Lambda N \rightarrow \Sigma N$	$\frac{1}{2}$	$\frac{3}{10}\left(-C_{\alpha}^{27}+C_{\alpha}^{8_s}\right)$	$\frac{\frac{1}{2}\left(\boldsymbol{C}_{\beta}^{\boldsymbol{8}_{\boldsymbol{a}}}+\boldsymbol{C}_{\beta}^{\boldsymbol{10}^{*}}\right)}{\frac{1}{2}\left(-\boldsymbol{C}_{\beta}^{\boldsymbol{8}_{\boldsymbol{a}}}+\boldsymbol{C}_{\beta}^{\boldsymbol{10}^{*}}\right)}$	-3 <i>C</i> ⁸ sa
					$C^{8_{sa}}$
	$\Sigma N \rightarrow \Sigma N$	$\frac{1}{2}$	$\frac{1}{10}\left(C_{\alpha}^{27}+9C_{\alpha}^{8_{s}}\right)$	$rac{1}{2}\left(C^{8a}_{eta}+C^{10^*}_{eta} ight)$	3 <i>C⁸sa</i>
	$\Sigma N \rightarrow \Sigma N$	<u>3</u> 2	C_{α}^{27}	C^{10}_{β}	_

 $\alpha = {}^{1}S_{0}, {}^{3}P_{0}, {}^{3}P_{1}, {}^{3}P_{2}, \quad \beta = {}^{3}S_{1}, {}^{3}S_{1} - {}^{3}D_{1}, {}^{1}P_{1}$ No. of contact terms: LO: 2 (*NN*) + 3 (*YN*) + 1 (*YY*) NLO: 7 (*NN*) + 11 (*YN*) + 4 (*YY*)

NB: ΛN , $\Sigma N \rightarrow 10$ LECs in *S* waves relevant at low energies

Coupled channels Lippmann-Schwinger Equation

$$T^{\nu'\nu,J}_{\rho'\rho}(\rho',\rho) = V^{\nu'\nu,J}_{\rho'\rho}(\rho',\rho) + \sum_{\rho'',\nu''} \int_0^\infty \frac{dp''\rho''^2}{(2\pi)^3} V^{\nu'\nu'',J}_{\rho'\rho''}(\rho',\rho'') \frac{2\mu_{\rho''}}{p^2 - \rho''^2 + i\eta} T^{\nu''\nu,J}_{\rho''\rho}(\rho'',\rho)$$

 $\rho', \ \rho = \Lambda N, \ \Sigma N \quad (\Lambda\Lambda, \ \Xi N, \ \Lambda\Sigma, \ \Sigma\Sigma)$

LS equation is solved for particle channels (in momentum space) Coulomb interaction is included via the Vincent-Phatak method The potential in the LS equation is cut off with the regulator function:

$$V^{
u'
u,J}_{
ho'
ho}(
ho',
ho) o f^{\wedge}(
ho') V^{
u'
u,J}_{
ho'
ho}(
ho',
ho) f^{\wedge}(
ho); \quad f^{\wedge}(
ho) = e^{-(
ho/\Lambda)^4}$$

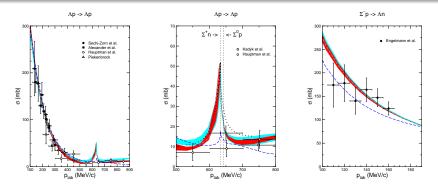
consider values $\Lambda = 500 - 650$ MeV [guided by NN, achieved χ^2]

ideally the regulator (Λ) dependence should be absorbed completely by the LECs in practice there is a residual regulator dependence (shown by bands below)

- tells us something about the convergence
- tells us something about the size of higher-order contributions

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YN integrated cross sections



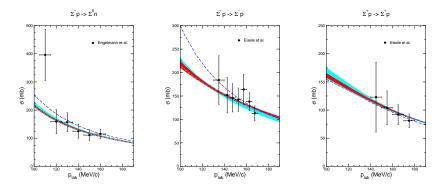
NLO13 ... all S-wave LECs are fixed from a fit directly to available YN data NLO19 ... consider constraints from the NN interaction within (broken) SU(3) symmetry

NLO13: J.H., S. Petschauer, N. Kaiser, U.-G. Meißner, A. Nogga, W. Weise, NPA 915 (2013) 24 NLO19: J.H., U.-G. Meißner, A. Nogga, EPJA 56 (2020) 91 Jülich '04: J.H., U.-G. Meißner, PRC 72 (2005) 044005 Nijmegen NSC97f: T.A. Rijken et al., PRC 59 (1999) 21

data points included in the fit are represented by filled symbols!

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N integrated cross sections



NLO13: J.H., S. Petschauer, N. Kaiser, U.-G. Meißner, A. Nogga, W. Weise, NPA 915 (2013) 24 NLO19: J.H., U.-G. Meißner, A. Nogga, EPJA 56 (2020) 91 Jülich '04: J.H., U.-G. Meißner, PRC 72 (2005) 044005

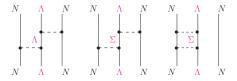
quality of the fit – total χ^2 (36 data points):NLO13: 15.7 ··· 16.8NLO19: 16.0 ··· 18.1Jülich '04: ≈ 22

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Difference between NLO13 and NLO19

Different coupling strength between the ΛN and ΣN channels ($V_{\Lambda N \leftrightarrow \Sigma N}$) consequences for in-medium properties: $\Lambda N - \Sigma N$ coupling is suppressed for increasing number of nucleons

dispersive effects in few-body systems:



 $V^{\text{eff}}_{\Lambda N}(E) pprox V_{\Lambda N} + V_{\Lambda N \to \Sigma N} \frac{1}{E - H_0} V_{\Sigma N \to \Lambda N}$

(propagator includes the energy of the spectator nucleons!)

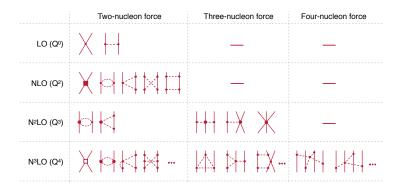
Pauli blocking effects in nuclear matter: $V_{\Lambda N}^{eff}(\epsilon) \approx V_{\Lambda N} + V_{\Lambda N \to \Sigma N} \frac{Q}{\epsilon - H_0} V_{\Sigma N \to \Lambda N}$

EFT: in consistent few- and many-body calculations, differences in the two-body potential (in the $\Lambda N - \Sigma N$ coupling) are to be compensated by many-body forces

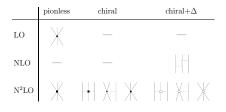
 \rightarrow tool for estimating effects from three-body forces!

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3- and many-body forces in chiral EFT (E. Epelbaum)



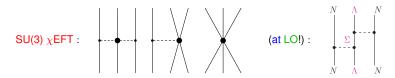
different hierarchy of 3BFs for other counting schemes (Hammer, Nogga, Schwenk, Rev. Mod. Phys. 85 (2013) 197)



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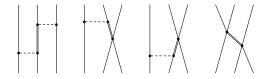
Three-body forces

- SU(3) χEFT 3BFs nominally at N²LO (S. Petschauer et al., PRC 93 (2016) 014001)
- not included in present (NLO) calculation!



solve coupled channel (ΛN - ΣN) Faddeev-Yakubovsky equations: $\Rightarrow \Lambda NN$ "3BF" from Σ coupling is automatically included remaining 3BF expected to be moderate

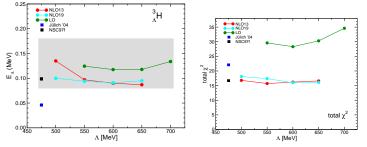
• ΛNN 3BF via Σ^* excitation in SU(3) χ EFT with {10} baryons (NLO)



estimate ∧NN 3BF based on the ∑*(1385) excitation (S. Petschauer et al., NPA 957 (2017) 347)

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Hypertriton (Faddeev calculation by A. Nogga)



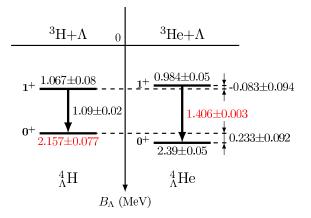
(separation energy $E_{\Lambda}=B_{\Lambda}-B_{d}$ = 0.13 \pm 0.05 MeV (M. Jurič et al., 1973))

- B(³_ΛH) is used as additional constraint in EFT and Jülich '04
 Λp data alone do not allow to disentangle ¹S₀ (s) and ³S₁ (t) contributions
- cutoff variation:
- * NNN \rightarrow is lower bound for magnitude of higher order contributions
- * ΛNN correlation with χ^2 of YN interaction
- ⇒ effect of three-body forces small?
- ♦ STAR (J. Adam et al., Nature Phys. 16 (2020) 409) $(^{3}_{\Lambda}H+^{3}_{\overline{\Lambda}}\overline{H})$: 0.41 ± 0.12 ± 0.11 MeV !?

(NN potential: SMS N⁴LO+ (450) (P. Reinert et al., EPJA 54 (2018) 86))

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Status - ${}^{4}_{\Lambda}$ H, ${}^{4}_{\Lambda}$ He

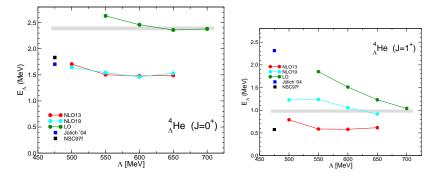


large CSB in 0⁺ ($\Delta \approx 233$ keV), small CSB in 1⁺ ($\Delta \approx -83$ keV)

F. Schulz et al. [A1 Collaboration] (2016), T.O. Yamamoto et al. [J-PARC E13 Collaboration] (2015)

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⁴He results (Faddeev-Yakubovsky – by A. Nogga)



- LO: unexpected small cutoff dependence in 0⁺ result
- possible effects of long ranged three-body forces?

(no CSB in χ EFT YN potentials!)

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Estimation of 3BFs based on NLO results

[^]_Λ³H
 (a) cutoff variation: ΔE_Λ (3BF) ≤ 50 keV
 (b) "3BF" from ΛN-ΣN coupling:

switch off ΛN - ΣN coupling in Faddeev-Yakubovsky equations: ΔE_{Λ} (3BF) \approx 10 keV expect similar/smaller ΔE_{Λ} from Σ^* (1385) excitation



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$$\begin{array}{l} \text{(c)} \ {}^{3}\text{H: } 3\text{NF} \sim \ Q^{3} \ |\langle V_{\text{NN}} \rangle|_{^{3}\text{H}} \sim 650 \ \text{keV} \\ (\ |\langle V_{\text{NN}} \rangle|_{^{3}\text{H}} \sim 50 \ \text{MeV}; \ Q \sim \ m_{\pi} / \Lambda_{b}; \ \Lambda_{b} \simeq 600 \ \text{MeV}) \\ {}^{3}_{\Lambda}\text{H:} \ |\langle V_{\text{\Lambda N}} \rangle|_{^{3}_{\Lambda}\text{H}} \sim 3 \ \text{MeV} \rightarrow \Delta E_{\Lambda} \ (3\text{BF}) \approx \ Q^{3} \ |\langle V_{\text{\Lambda N}} \rangle|_{^{3}_{\Lambda}\text{H}} \simeq 40 \ \text{keV} \end{array}$$

• ${}^{A}_{\Lambda}$ H, ${}^{A}_{\Lambda}$ He (a) cutoff variation: ΔE_{Λ} (3BF) \approx 200 keV (0⁺) and \approx 300 keV (1⁺) (b) "3BF" from ΛN - ΣN coupling: ΔE_{Λ} (3BF) \approx 230 - 340 keV (0⁺), \approx 150 - 180 keV (1⁺)

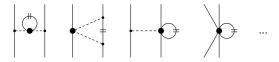
 $^{3}_{\Lambda}$ H and $^{4}_{\Lambda}$ H(He) calculations with explicit inclusion of 3BFs are planned for the future

density dependent effective YN interaction

(for application to heavy hypernuclei and hyperons in infinite nuclear matter) three-body force:



 \Rightarrow density dependent effective YN interaction:



close two baryon lines by sum over occupied states within the Fermi sea arising 3BF LECs can be constrained by resonance saturation (via decuplet baryons) (\rightarrow 1 for $\land NN$, 2 for ΣNN , $\equiv NN$, ...)

J.W. Holt, N. Kaiser, W. Weise, PRC 81 (2010) 064009 (for NNN)

S. Petschauer et al., NPA 957 (2017) 347 (for ANN)

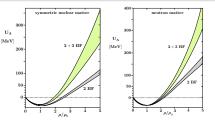
D. Gerstung et al., EPJA 56 (2020) 175 (ΛNN, ΣNN)

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Implications for neutron stars (incl. chiral 3BF)

D. Gerstung et al., EPJA 56 (2020) 175 (NLO13 & NLO19; ∧NN, ∑NN)

 $U_{\Lambda} \dots \Lambda$ single-particle potential $(U_{\Lambda}(\rho_0 = 0.17 \text{ fm}^{-3}) \approx -28 \dots - 30 \text{ MeV})$

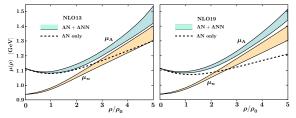


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Chemical potentials of the Λ hyperon (μ_{Λ}) and the neutron (μ_n)



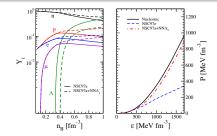
 $\mu_{\Lambda}(\rho) \leq \mu_n(\rho) \Rightarrow$ energetically favorable to replace n by Λ $(\mu_{\Lambda}(\rho) = M_{\Lambda} + U_{\Lambda}(\rho))$

Equation-of-state becomes too soft to support 2 M_o neutron stars ("hyperon puzzle")

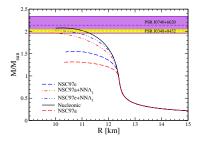
Implications for neutron stars (incl. chiral 3BF)

Logoteta, Vidaña, Bombaci, EPJA 55 (2019) 207 (Nijmegen NSC97 potentials)

Composition and EoS of neutron star matter $(n_B \equiv \rho)$



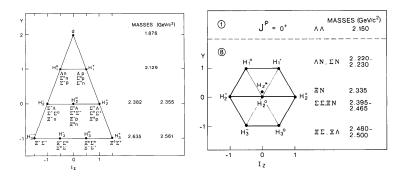
Mass-radius relation without and with chiral ANN force



	$M_{max}(M_{\odot})$	R (km)	$n_c \ (\mathrm{fm}^{-3})$
Nucleonic	2.08	10.26	1.15
NSC97a	1.31	10.60	1.40
$\rm NSC97a{+}NN\Lambda_1$	1.96	9.80	1.30
$\rm NSC97a{+}NN\Lambda_2$	1.97	9.87	1.28
NSC97e	1.54	10.81	1.18
$\rm NSC97e{+}NN\varLambda_1$	2.01	10.10	1.20
$\rm NSC97e{+}NN\Lambda_2$	2.02	10.15	1.19

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Strange dibaryons



R.J. Oakes, PR 131 (1963) 2239

SU(3) flavor symmetry {10*} strange partners of the deuteron

R.L. Jaffe, PRL 38 (1977) 195

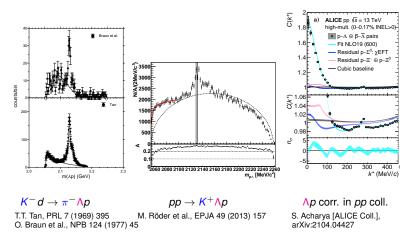
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MIT quark bag model

Experimental evidence for threshold structure

 $M_{\Sigma^+} + M_n = 2128.97 \text{ MeV}$ $M_{\Sigma^0} + M_p = 2130.87 \text{ MeV}$



"ordinary" threshold effect? **bound state**? virtual state $(np^{1}S_{0})$?

Johann Haidenbauer Hyper-nucleon interaction

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$\wedge N$ result near ΣN threshold is primarily constrained by near-threshold (20) $\Sigma^- p$ data

reaction	NLO13			NLO19			Jülich '04	NSC97f (ND)		
	500	550	600	650	500	550	600	650		
$\Sigma^- p \rightarrow \Lambda n$	3.7	3.9	4.1	4.4	4.7	4.7	4.0	4.4	8.3	3.9 (4.3)
$\Sigma^- p \rightarrow \Sigma^0 n$	6.1	5.8	5.8	5.7	5.5	5.5	6.0	5.7	6.4	6.0 (5.5)
$\Sigma^- \rho \rightarrow \Sigma^- \rho$	2.0	1.8	1.9	1.9	3.0	2.9	2.2	1.9	1.6	2.3 (3.6)
$\Sigma^+ ho ightarrow \Sigma^+ ho$	0.3	0.4	0.5	0.3	0.3	0.4	0.4	0.3	0.1	0.2 (0.1)
r _R	0.1	0.2	0.1	0.2	1.1	0.7	0.1	0.5	53.6	0.0 (0.9)
total χ^2	12.2	12.0	12.3	12.5	14.6	14.2	12.7	12.8	70 [16.4]	12.4 (14.4)

$$\left(r_{R}=\frac{1}{4}\frac{\sigma_{s}(\Sigma^{-}\rho\to\Sigma^{0}n)}{\sigma_{s}(\Sigma^{-}\rho\to\Lambda n)+\sigma_{s}(\Sigma^{-}\rho\to\Sigma^{0}n)}+\frac{3}{4}\frac{\sigma_{t}(\Sigma^{-}\rho\to\Sigma^{0}n)}{\sigma_{t}(\Sigma^{-}\rho\to\Lambda n)+\sigma_{t}(\Sigma^{-}\rho\to\Sigma^{0}n)}\right)$$

best description of near-threshold ΣN data: NLO13, NLO19 (600,650), NSC97a-f $\Rightarrow \chi^2 = 12 - 13$

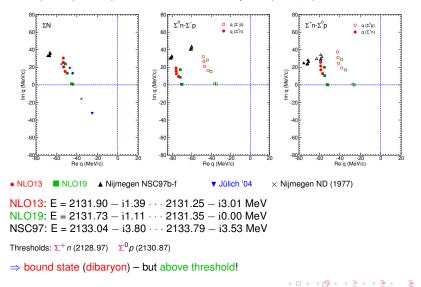
J.H., U.-G. Meißner, arXiv:2105.00836 \Rightarrow search for ΣN poles in complex plane

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Poles in the complex $q_{\Sigma N}$ plane

2nd quadrant (sheet II, bt): unstable bound state

3rd quadrant (sheet IV, tb): inelastic virtual state



Summary

Hyperon-nucleon interaction constructed within chiral EFT

- Approach is based on a modified Weinberg power counting, analogous to applications for *NN* scattering
- The potential (contact terms, pseudoscalar-meson exchanges) is derived imposing SU(3)_f constraints
- S = -1: Excellent results at next-to-leading order (NLO) Λp , ΣN low-energy data are reproduced with a quality comparable to phenomenological models
- S = -1 dibaryon: strong evidence for its existence
 but not as ideal textbook (Breit-Wigner type) resonance

Hypernuclei

- for very light hypernuclei three-body forces should be small $(^3_{\Lambda}H)$ or moderate $(^4_{\Lambda}H, ^4_{\Lambda}He)$ needs to be quantified/confirmed by explicit inclusion of 3BFs
- ⁵_AHe, etc. ... effects of three-body forces could be more significant
- Study of charge-symmetry breaking in ${}^{4}_{\Lambda}H {}^{4}_{\Lambda}He$ is under way
- A hypernuclei data with higher precision are needed to quantify 3BFs

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Backup slides

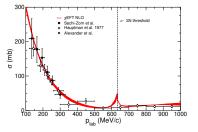
Johann Haidenbauer Hyper-nucleon interaction

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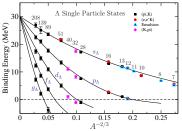
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A interaction: bulk properties are known

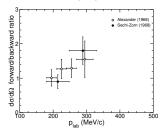
∧*p* cross section



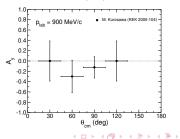
Λ hypernuclei



Λp -> Λp



Λp -> Λp



	NLO13	NLO19	Jülich '04	NSC97f	experiment*
∧ [MeV]	500 • • • 650	500 • • • 650			
$a_s^{\Lambda p}$	-2.91 ••• -2.90	-2.91 ••• -2.90	-2.56	-2.51	$-1.8^{+2.3}_{-4.2}$
$a_t^{\Lambda p}$	-1.61 • • • -1.51	-1.52 · · · -1.40	-1.66	-1.75	$-1.6^{+1.1}_{-0.8}$
a _s ^{Σ+ρ}	-3.60 • • • -3.46	-3.90 • • • -3.43	-4.71	-4.35	
$a_t^{\Sigma^+ p}$	0.49 • • • 0.48	0.48 • • • 0.42	0.29	-0.25	
χ^2	15.7 • • • 16.8	16.0 • • • 18.1	≈ 22	16.7	
<i>B</i> (³ _∧ H)	-2.302.33	-2.322.32	-2.27	-2.30	-2.354(50)

*G. Alexander et al., PR 173 (1968) 1452

Note: $B(^{3}_{\Lambda}H)$ is used as additional constraint in EFT and Jülich '04

 Λp data alone do not allow to disentangle ${}^{1}S_{0}$ (s) and ${}^{3}S_{1}$ (t) contributions

(a, r in fm; B in MeV)

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\wedge and Σ in infinite nuclear matter

non-relativistic lowest order Brueckner theory (Bethe-Goldstone equation):

$$\begin{array}{lll} \langle YN|G_{YN}(\zeta)|YN\rangle &=& \langle YN|V|YN\rangle \\ &+& \sum_{Y'N} \langle YN|V|Y'N\rangle \, \langle Y'N|\frac{Q}{\zeta-H_0}|Y'N\rangle \, \langle Y'N|G_{YN}(\zeta)|YN\rangle \\ &Q \dots \text{ Pauli projection operator} \\ &\zeta &= E_Y(p_Y) + E_N(p_N) \\ &E_\alpha(p_\alpha) &= M_\alpha + \frac{p_\alpha^2}{2M_\alpha} + U_\alpha(p_\alpha), \quad \alpha = \Lambda, \Sigma, \ N \\ &U_\alpha \dots \text{ single-particle potential} \\ &U_Y(p_Y) &= \int_{p_N \leq k_F} d^3 p_N \, \langle YN|G_{YN}(\zeta(U_Y))|YN\rangle \\ &B_Y(\infty) &= -U_Y(p_Y = 0) - \text{ evaluated at saturation point of nuclear matter} \end{array}$$

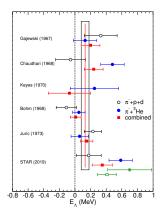
⇒ J.H., U.-G. Meißner, NPA 936 (2015) 29; S. Petschauer, et al., EPJA 52 (2016) 15 J.H., U.-G. Meißner, A. Nogga, EPJA 56 (2020) 91

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Status - hypertriton

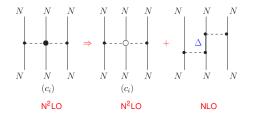
$$^{3}_{\Lambda}\text{H} \rightarrow \pi^{-} + \rho + d, \ \rightarrow \pi^{-} + ^{3}\text{He}$$



benchmark: (M. Jurič et al., 1973): 0.13 ± 0.05 MeV STAR (J. Adam et al., Nature Phys. 16 (2020) 409) $\binom{3}{h}H_{\Lambda}^{3}\overline{H}$: $0.41 \pm 0.12 \pm 0.11$ MeV (separation energy $E_{\Lambda} = B_{\Lambda} - B_{d}$)

Three-nucleon forces: Explicit inclusion of the $\Delta(1232)$

• Explicit treatment of the Δ (Krebs, Gasparyan, Epelbaum, PRC 98 (2018) 014003):



LECs (from πN)	<i>C</i> 1	<i>C</i> ₂	<i>C</i> 3	<i>C</i> 4
Δ -less approach	-0.75	3.49	-4.77	3.34
Δ -full approach	-0.75	1.90	-1.78	1.50
Δ contribution	0	2.81	-2.81	1.40

- more natural size of LECs
- better convergence of EFT expansion (3NF from Δ(1232) appears at NLO!)
- applicability at higher energies

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